

# MONSTER THE LOCH 2026



# PARTICIPANTS' HANDBOOK

**This document contains important information to assist your preparation for and enjoyment of the event. Please read carefully and email any queries to [admin@monstertheloch.com](mailto:admin@monstertheloch.com).**

## **SAFETY VIDEO**

Please take the time to watch this online safety video. While a safety briefing will be provided on the day for the captain/cox of each crew, we kindly request that every competitor watch this video before the event. Your safety and well-being are our top priority. Available [here](#)

## **PARTICIPATION WAIVER**

The waiver link was emailed to all crew captains upon submission of the entry. It is the crew captain's responsibility to share this with the rest of the crew for review and electronic signature.

The waiver link can also be found [here](#)

## **RACE DIRECTION**

The race will always be run with the tailwind in the direction of travel. Given the south westerly prevailing wind, this will most likely be Fort Augustus to Dores. Final confirmation of this will be posted on Friday, the 18th, at 12:00 p.m. We will be posting updates in the lead-up to the event.

## **RACE START TIME**

The race is scheduled to start at 10:00 a.m., but it may be moved by an hour either way, depending on the weather. The start time will be confirmed on Friday, the 18th at 12:00 p.m. This will be on the website and the WhatsApp group, please join below.

## REGISTRATION

**CREW CAPTAINS ONLY- PLEASE- CHECK IN** at the Registration Tent in the starting field during one of the following times:

- Friday 18th September: 1500 – 1900
- Saturday 19th September: from 0700

Each crew member must have signed the participation waiver to complete registration.

At registration CREW CAPTAINS will receive an envelope containing:

- 2 sticky-back race numbers, these must be placed visibly on each side of the bows of your boat.
- Bus tickets for the return journey. One ticket will be given for every five crew members. 50 seater coaches will run from the finish to the start with the first bus leaving at 1400.

## BOAT DROP-OFF

Due to potentially wet field conditions, vehicular access at Fort Augustus will be restricted.

- Small boats: prepare to carry them from the top of the field.
- Larger boats on trailers will be marshalled onto the field.

Boat drop-off times:

- Friday 18th September: 1500 – 1900
- On water practice will be from 1500-1830, with safety launch
- Saturday 19th September: from 0700

No drop-offs will be allowed outside of these times.

If dropping off on Friday, consider moving your trailer to the finish immediately drop off.

## HIRED BOATS

If hiring a boat from the Rowing Centre, they can be collected from the start area from 1500 on Friday 18<sup>th</sup>.

After racing please insure the **boats are derigged and returned to their original trailer**. Each boat will be marked and color coordinated with its trailer.

## TOILETS AND CHANGING

- Portaloos available at both start and finish.
- Limited changing tents at both locations.

## LUGGAGE TRANSFER

Luggage can be transported from the start to the finish by the event team.

All items are left at your own risk—Rowing Centre UK Ltd. and Event Staff are not responsible for any damage, loss or theft.

## HEALTH AND SAFETY

- First aid will be provided by Scotia Medical Group.
- Safety boats, coordinated by The Adventure Scouts, will be patrolling the course.

Please follow instructions from Safety Boats and Event Staff at all times.

## REFRESHMENT

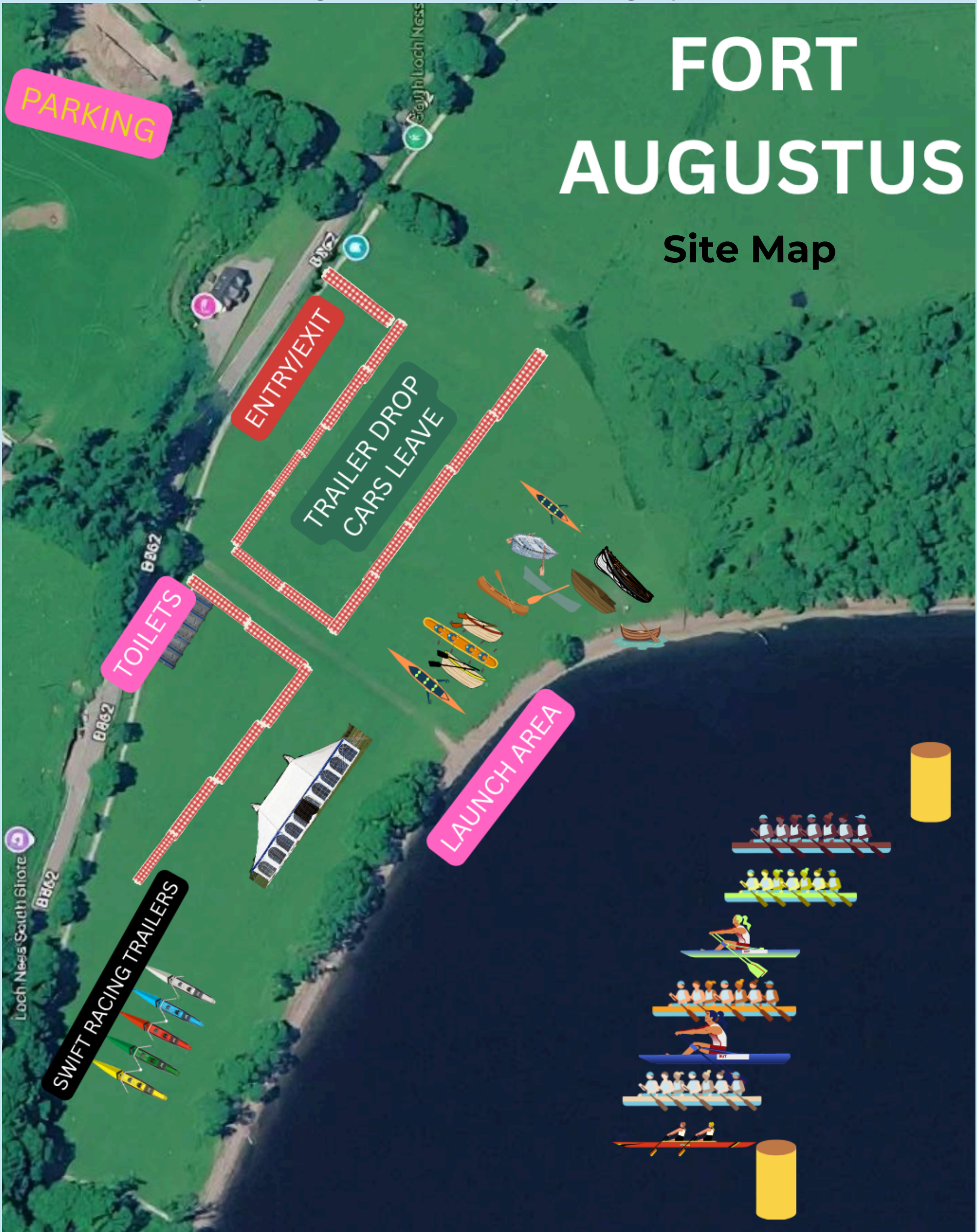
- Saturday morning (19th Sept): Breakfast, tea & coffee available.
- Post-race: Various food trucks and a bar will be available



# LOCATIONS

## FORT AUGUSTUS

At the Fort Augustus end, there is strictly no parking on the field. A small amount of parking is available next to the field and will be signposted. This is reserved for those people involved in lifts/collecting fellow crew members. Otherwise, please use the public car parks in Fort Augustus, which are a short 10-minute walk away and are shown on the map below. Alternatively, you can arrange lifts with fellow crew members. Do not park on the verges or obstruct traffic; you will likely receive a ticket. Please arrive early enough to find a parking spot in town.





# DORES

Parking at the Dores end is available for all vehicles in the event field. Please ensure any vehicle not carrying a boat is left towards the entrance in the area marked 'vehicle parking'. This will be clearly signposted.

# DORES Site Map





## IMPORTANT

As postcodes cover such large areas in the highlands, we highly recommend downloading What3Words.

Key loctions:

- Fort Augustus Event Area:  
winemaker.elect.relaxed
- Limited Parking at Fort Augustus:  
shared.automate.seaweed
- Public Parking in Fort Augustus: decide.bluff.nail
- Dores Event Area: strongman.coarser.super
- Dores Entry Gate for Vehicles:  
hoops.backup.marble

**Stay up to date by joining the WhatsApp group using the QR code below**



**[LINK](#)**